

LUNDI

MATWORK	09:00 - 10:00
MATWORK	12:30 - 13:30
MATWORK	18:00 - 19:00
MATWORK	19:15 - 20:15

MARDI

REFORMER	09:00 - 10:00
MATWORK	10:15 - 11:15
REFORMER	18:00 - 19:00
MATWORK	19:15 - 20:15

MERCREDI

MATWORK	09:00 - 10:00
MATWORK	12:30 - 13:30
MATWORK	18:00 - 19:00
MAT HOMMES	19:15 - 20:15

JEUDI

MATWORK	10:15 - 11:15
REFORMER	12:30 - 13:30
MATWORK	14:00 - 15:00
REFORMER	18:00 - 19:00

MATWORK

19:15 - 20:15

VENDREDI

MATWORK

09:00 - 10:00

REFORMER

10:15 - 11:15

MATWORK

12:30 - 13:30

SAMEDI

MATWORK

10:15 - 11:15